

CITY OF LOMA LINDA SENIOR CENTER BOARD MINUTES OF JULY 18, 2006

A regular meeting of the Senior Center Board was called to order at 3:05 p.m. on Tuesday, July 18, 2006, in the Senior Center at 25571 Barton Road, Loma Linda.

Members Present: Dr. Reinhold Trupp; Mr. Elmer Digneo; Mrs. Valerie Husbands; Mr. George Pendered; Mr. Kenny Wilber representing Mr. John Niemira of the Palms at Loma Linda.

Members Absent: Mr. Jeff Samuels; Mr. Jin Long Koh; and Mr. Ric Revel.

Staff: Dina Weiss, Senior Center Manager
Jocelyne Larabie, Administrative Secretary, Community Dev. Dept.
Sheila Umeda, Volunteer Social Worker

Guest: None

ROLL CALL

Members present represent a quorum.

ORAL REPORTS/PUBLIC PARTICIPATION – Non-Agenda items (LIMITED TO 3 MINUTES FOR EACH SPEAKER)

Board Member Digneo commented on an article that appeared in both The San Bernardino Sun and The Press Enterprise regarding the number of violent crimes occurring in the City of Loma Linda. He suggested setting up a small task force, which could include an officer from the Sheriff's department and two members of the Senior Center Board to discuss what action if any the Board could take to address the situation.

Ms. Weiss commented that she knew someone who could present a self-defense program adapted for seniors.

The Board directed staff to investigate the possibility of creating a self defense program.

APPROVAL OF MINUTES

No changes were proposed to the text of the minutes.

Motion by Husbands, seconded by Pendered, and unanimously carried to approve the Minutes of June 20, 2006, as presented.

REORGANIZATION OF THE SENIOR CENTER BOARD

The Senior Center Board discussed potential members. Mr. Digneo explained that he had spoken with John Ruffcorn to find out if he would be interested in a Board position. Mr. Digneo indicated that Mr. Ruffcorn had been the Business Manager for the University Church and had a

great number of contacts throughout the City of Loma Linda. He suggested that staff contact Mr. Ruffcorn to inform him of Mr. Digneo's recommendation and to request contact information in order to send him an application.

Other prospective Board Members were Lisa Berry, Property Manager for the Loma Linda University Medical Center, Pat Johnson, and Elsie Chan. Mr. Wilber stated that Ms. Chan often attended the Chamber of Commerce Business breakfast and that he would talk with her about becoming a Board member.

Ms. Weiss inquired as to how the Board would prefer to run the meeting until the Senior Center Board was complete. The Board members agreed that actions would be taken on a consensus of the Board Members.

DISCUSSION ITEMS

Report by Public Works Department

Public Works Director Thaipejr was on vacation, no report was available.

Report by the Community Development Department

Director Woldruff was unable to attend due to a scheduling conflict. Ms. Larabie reported on behalf of Ms. Woldruff, that the General Plan Environmental Impact Report had been certified at the City Council meeting of Monday, July 17, 2006 and that the General Plan was scheduled for final action at the meeting of July 25, 2006.

Report from Senior Center Manager Weiss

Ms. Weiss reported that attendance for the various activities at the Senior Center was up from the same time period one year ago, although it was slowing down for the summer period. She went on to say that new tai chi and yoga programs along with other physical activities were very popular. Ms. Weiss indicated that the day trip to the Getty Museum had been postponed to the end of August while issues of waivers and liability insurance were ironed out.

Ms. Weiss reported that the City Band would begin their practice at the Senior Center on August 30, 2006 and that a Memorandum of Understanding establishing operating procedures was being prepared for signature by both parties.

Sub-committee Reports

- **Volunteer Program Report**

Board Member Valerie Husbands reported that no new volunteers had been appointed, although there was a great need for them. She added that the Center needed someone for Monday and Tuesday afternoons, especially.

- **Aging and Adult Coalition of the County of San Bernardino**

Mr. Pendered stated that he had not received the agenda or any materials for the July meeting although staff from the Department of Adult and Aging Services maintained that they had mailed the information in time for the meeting.

Mr. Pendered went on to say that he had spoken with Mr. Tom Fitzsimmons who prepared documentary films and asked him if he would be willing to do a brief, 2 or 3 minutes vocal and animated film highlighting the Senior Center that could be posted to the City's website and run on Channel 3. Mr. Fitzsimmons indicated that he was willing to take on the task and would like to do a brief presentation, which would include the cost to the Senior Center at the August meeting.

It was the consensus of the Board to place the presentation by Mr. Tom Fitzsimmons on the Agenda for the August 15, 2006.

- Programs sub-committee report

No other report was presented.

- Lunch Program Task Force Report

Ms. Weiss commented that the Task Force was still active and developing the details of a lunch program and that she would report any new information at the next meeting.

Report by Sheila Umeda on the results of the 2005 Senior Needs Survey

Sheila Umeda, Social Worker Volunteer provided statistics derived from the survey conducted in November of 2005, which included bar graphs and pie charts. She said that it was thanks to Mayor Floyd Petersen and his doctoral intern that the analysis and the plotting of the information were so comprehensive.

Ms. Umeda covered the following topics in her presentation:

- Demographics;
- Age, gender and marital status of the respondents;
- Living situations;
- Primary language and ethnicity;
- Participation in available programs and activities; and,
- Time of day preferences for participation in programs and activities

Ms. Umeda also reported on medical questions, which were suggested by Dr. Schlaerth of the Loma Linda University Medical Center which covered:

- Various vaccinations, Tetanus, Pneumonia and Flu vaccination;
- Number of hospitalizations;
- Importance of medical care;
- Frequency and types of physical activities.

She concluded her report stating that Dr. Petersen and his doctorate student indicated that they were considering publishing the information in a medical journal.

Review of the Operations and Use Policies of the Senior Center

Ms. Weiss suggested that the item be tabled until the next meeting because Mr. Samuels who had requested that the item be placed on the agenda was absent.

It was the consensus of the Board to table the item.

Discussion of miscellaneous issues related to the Senior Center

- Reports by Senior Center Board Members

Board Member Trupp indicated that he was concerned that the meal program had not yet started and hoped that it would soon become a reality for the seniors in the community.

Ms. Weiss assured Dr. Trupp that staff was committed to developing the program and that the Task Force was actively working towards that goal. She went on to explain that the Department on Aging and Adult Services offered subsidies to local agencies to help them with their nutrition programs and was accepting bids. She further stated that if the Senior Center was successful in obtaining subsidies, it would be able to provide the types of meals, vegetarian etc., that would address the special needs of the seniors in Loma Linda. If the Senior Center was not successful, the community could still benefit from these programs by coming under another agency's senior nutrition contract.

Ms. Weiss commented that it might be beneficial to hire a consultant experienced in planning a commercial kitchen and who would know the Department of Health requirements. She added that she would meet with Director Thaipejr on his return from vacation to discuss this topic.

Dr. Trupp stated that he had reservations about Mr. Thaipejr's proposed use of the storage room for dry goods and suggested the possibility of expanding the kitchen into the multi-purpose room so that everything would be more conveniently accessible.

Ms. Weiss thanked Dr. Trupp for his suggestion and assured him that she would discuss the idea with both the task force and Director Thaipejr.

Adjournment

As there was no further business the meeting was adjourned at 4:30 p.m.

Minutes were approved at the September 19, 2006.

Administrative Secretary